

FORTUNA SENIOR SCENE

Vol. XV, No. 5

September—October 2018

6th OKTOBERFEST FUN in the PARK



Saturday, September 29, 2018

11a.m. -- 3:00p.m. Fortuna Rohner Park

TRADITIONAL GERMAN-STYLE DINNER

Served by The Knights of Columbus from 11:30am—2:30pm
Sausages, sauerkraut, German-style potatoes, apple strudel

Adults \$20 Children 12 and under \$5 (hot dog, chips, strudel)
PRESALE TICKETS \$15

BEER

German (ales and darks) - Local (Eel River Blonde)

MUSIC

Pumpnickel & Sauerkraut Band (Scotia Band)

Humboldt Accordionaires

FUN

German Costumes, Kazoos, Polka lessons

SPONSORS:



Tickets: Beverage Plus 725-9303 & Fortuna Senior Center 726-9203

Your Help Is Needed

Naomi Johnson is retiring the end of December and the Board of Directors is looking for a new Executive Director. **If you know someone, or know someone who might know someone, who could be interested, please have she/he contact Naomi at the office.**

Executive Director

Job Announcement

The Fortuna Senior Center Board of Directors is searching for an Executive Director. The position is responsible for leading the organization in its mission and strategic plan. The Executive Director is responsible for the management of all aspects of the Center's operations and policy implementation. The position serves as the organization's primary contact with senior citizens.

The job includes board relations, financial management, fundraising, programs and volunteers, public and community relations, and general administration. Minimum job requirements include experience with a non-profit, working with volunteers and senior citizens, developing programs and budgets, excellent computer skills, good interpersonal skills and attention to detail.

Contact the Fortuna Senior Center (726-9203 or admin@fortunasenior.org) for more information, job description, and application process.



2018-2019 Board of Directors

Back row: Marsha Hays, Neena Olson, Margaret Stockes, Larry Rogers, Pat Johnson, and Don Mederios

Front row: Kent Wrede, Wanda Rigby, and Chris Wennerholm

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Senior Scene is a bimonthly publication of
Fortuna Senior Center

P.O. Box 336

Fortuna CA 95540

2280 Newburg Road (707)726-9203

admin@fortunasenior.org

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Chris Wennerholm
Marsha Hays, President
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Margaret Stockes
Neena Olson
Don Mederios
Wanda Rigby
Kent Wrede

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Hec Wood	Joan Woodcock
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Executive Director—*Naomi Johnson*

Newsletter—Naomi Johnson

Membership - Diana LaVen, Pat Johnson

Newsletters available online at www.fortunasenior.org

Like Fortuna Senior Center on Facebook!!!

PRESIDENT'S THOUGHTS

Hello,

Thank you for allowing me to return to the Senior Center Board. I enjoyed the previous term and am looking forward to another.

This will be an exciting time for our membership as we prepare to move to the new building. Along with the new building, we will be hiring a new Executive Director, so if you are aware of anyone who would be interested and a good fit for the position, please let them know about applying for the position.

Thank you for all you do to make our organization GREAT!!!

Marcia Hays

Fall Risk Assessment & Fall Prevention Information

HSU is again going to be at the Senior Center for a Balance, Mobility and Fall Risk Assessment Workshop. This was quite valuable for participants last year. They will have FOUR testing times: with 4-5 people per appointment

Friday, October 12th, 1:30 or 2:15 or 2:30 or 3:15pm

To make an appointment, call the HSU Fall Prevention Program at 826-5973



FLU SHOT

Thursday, October 4th

8:30am—9:30am

Senior Center

Bring your insurance card



Picnic Volunteers 2018

WEEKLY EVENT CALENDAR

Unless otherwise noted, activities are at the MGC

Monday

8:30am *Walking Group*, River Walk
9:00am PE for Seniors, Methodist Church
9:00am *Tai Chi*
10:30am PE for Beginners, Methodist Church
11:00am *Line Dance*
12:00noon *STRONG Exercise*, Rio Dell Baptist Church
1:45pm *Book Club* (1st Monday)
3:30pm *Ukulele Group*
5:00pm *S.A.I.L. Exercise*

Tuesday

8:30am *Walking Groups*, River Walk & Rohner Park
1:30pm *Senior Stitches*
2:00pm *Seated Tai Chi*
3:00pm *Recorder Group*

Wednesday

8:30am *Walking Group*, River Walk
9:00am PE for Seniors, Methodist Church
10:30am PE for Beginners, Methodist Church
12:00noon *STRONG Exercise*, Rio Dell Baptist Church
Noon *Senior Lunch Bunch* (1st Wed.), call Chris
725-2020 or Carol 725-2931
1:00pm *Tai Chi*
5:00pm *S.A.I.L. Exercise*

Thursday

8:30am *Walking Group*, Rohner Park
9:00am *Cards*
9:30am *Yoga for Seniors* (6 classes \$54, first class free)
1:00pm Mah Jongg
2:00pm *Seated Tai Chi*
3:00pm *Bocce Ball*, Rohner Park

Friday

9:00am *Biking Group*, call Chuck 725-5095
9:00am *Hiking Group*, call Lynn 725-7953
9:30am *Cards & Games*
12:00noon *STRONG Exercise*, Rio Dell Baptist Church
2:00pm *Scrabble Group*
7:30pm *Fortuna Camera Club* (last Fri.), Meth. Chur.

Sunday

10:30am *Qigong Class* (\$10 instructor fee)

The Mission of Fortuna Senior Center is to
**“Enrich, Empower, and Involve
Boomers and Beyond
of the Eel River Valley Area”**

MONTHLY SOCIALS

2280 Newburg Road, MGC

September 15—Saturday Social: Speaker

The topic will be dementia and Alzheimer's—warning signs, resources, information

11:00am Senior Center

October 20—Saturday Social: Potluck

Last names beginning with A-I: bring a dessert. Last names beginning with J-Z: bring a main dish or salad.

11:00am Senior Center

MINI—TRIPS

To make a reservation or for information, call the office at 726-9203. Please let us know by Thursday before the tour if you need to cancel.

September 28—Madaket

October 26—Old Town Walking Tour

Pinochle Tournament Winners

July—high score

Men: 1st Lee Tomasini Women: 1st Gloria Malcomb
2nd Lewis Richey 2nd Mary Lou Erickson

August—most games won

Men: 1st Don Mederios Women: 1st Margaret Stockes
2nd Lewis Richey 2nd Bernice Reynolds

The tournament is held on the third Thursday of each month, starting at 9am. We also play cribbage. Everyone is welcome on Thursdays and Fridays.

Open Mic Corner

Perhaps because the rodeo was in town that weekend, visitors at the Monday Club Open Mic on July 22 were treated to many western favorites, including *Don't Fence Me In*, *Ghost Riders in the Sky*, *Seven Spanish Angels*, *High Noon*, and *Happy Trails to You*.



Michael Goodwin partnered with his wife, Pamela, for *In the Sweet Bye and Bye*, *Gone Home*, and a Ricky Skaggs number, *I Wouldn't Change You If I Could*.

Nola Sharp, our emcee, sang her popular composition, *Humboldt County Rain*, as well as *Summertime* from the 1930's musical *Porgy and Bess*, and *Cherry Pink and Apple Blossom White*.



Dick McDowell also contributed songs from an earlier era, *When I Take My Sugar to Tea* (1947) and *Honeysuckle Rose* (1929) while Johnny Muno performed 1950s numbers *Since I Met You*, *Baby*, and *Tragedy*.

Joyce Flaughter encouraged a sing-along (and dancing) to older favorites *Five Foot Two and Jambalaya*.



Les Craig, with her unique style and voice, gave us *Java Jive*, and her original composition *Got No Blues in My Soul*.

Deb Woods did *Dream of a Miner's Child* and led the Ukelaliens in Bill Monroe's *Muddy Waters* and *Wild Horses*, *Real Love*, and *Wagon Wheel*.

Throughout, David Buescher shared his talent on the violin by backing up many of the performers. There were even more performers, who contributed their varied talents.



Our next Open Mics are September 23 and October 28 from 2:00-4:00pm at the Fortuna Monday Club, 610 Main Street. Hope to see you there!!
For more information, call the Fortuna Senior Center 726-9203

10 BINGO				
4	27	32	55	73
15	25	41	58	75
8	26	0	59	70
7	22	33	54	62
13	17	43	48	67

BINGO

Sundays— Sept 16th &
October 21st
4:00-8:00pm MGC

Cash pay-outs. Food available for purchase.
Members can bring guests.
Come join the fun!

Emergency Notifications

If you want to know if a hazardous situation is developing and be forewarned if you need to evacuate, contact Humboldt County. To receive a text, phone call, or email notification call 707-268-2500 or go to humboldt.gov/alerts.

VOLUNTEERS—Thank You!!!

Bingo

Don Mederios	Betty Mederios
Marsha Hays	Lou Eldrige
Diana McAllister	Sharon Rogers
Dennis Doty	Nora Doty
Margaret Stockes	Pat Johnson
Bob Johnson	Bunny Anderson
Jim Dell'Era	Darlene Mederios

Picnic

Kent Wrede	Jan Syvertson
Don Mederios	Darlene Mederios
Betty Mederios	Pat Johnson
Bob Johnson	Lee McDowell
Carol Kinser	Marsha Hays
Dick McDowell	Margaret Stockes

If you would like to be a volunteer, call the office.

MAKING A DIFFERENCE



Would you like to make a lasting gift to Fortuna Senior Center? Include us as a percentage in your will or trust. Or if you are 71 or older, you make a gift directly from your IRAs without paying federal income tax on the withdrawal. Your support is vital now and in the future.

• Do you order things from Amazon?

Well, use Amazonsmile and, at the prompt, go to Fortuna Senior Services, Inc. under registered charities. Amazon will donate 0.5% of your order to us.

amazonsmile
You shop. Amazon gives.

Community Center Update

- DCI Builders of Ferndale are busy framing the new building. You should drive up Newburg Road and take a look; our wing is on the left. Below is the artist rendering of the completed building.
- Estimated completion of our building is the summer of 2019



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Call the office to make an appointment: 726-9203



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don.brown.b4ci@statefarm.com



!!! HAPPY BIRTHDAY !!!

September

- 2 Mary Besanceney, Kathy Lucier
- 4 Jo Anne Center
- 7 Jack East
- 8 Jan Syvertson
- 9 Maggie Philipsen
- 11 Rosemary Moore, James Seiler, Bette Woodson
- 13 Roxane Bessette, Mary Swierstra
- 14 Lalia Blake
- 15 Rena Dewell
- 16 Barbara Stinson
- 17 Brigid Young
- 18 Herb Colby
- 21 Justin Olson
- 22 Marilyn Bennett, Barbara Heile, Barbara Kite, Donell McCanless, John Taylor, Pete West
- 25 Cynthia Cooke, Lois Schultz
- 26 Greg Nesty
- 27 Buzz Rieman
- 28 Janet Lindgren, Bob Yates
- 30 Joanne Machado



October

- 3 Jeanne Crowley, Dick McDowell, Diana Mogel
- 4 Marilyn Martino
- 5 Leroy McCrigler
- 8 Vickie Aust
- 9 Steve Hansen
- 10 Cheryl Bahneman, Milton Freitas, Letha Rogers
- 11 Denise Ledbetter, Elvi Niemi
- 12 Kemset Moore
- 13 Dolly Krasinski
- 15 Linda Speier
- 17 Miles Mackey
- 20 Bea Bruno, Shirley Russell, Erika Taylor
- 21 Jim Boyett, Janet Hogan, Barbara Perra, Margaret Stockes
- 22 Alvin Dunnegan
- 23 Bonnie Cronquist
- 24 Jackie Hamilton, Sherry Hazelton, Gail Mauney
- 26 Marsha Hays, Pam Smith
- 27 Evvy Colivas
- 28 Richard Ashburn, Robert Russell
- 31 Pat Greene, Kevin Johnson, Tania Simmons

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