

# FORTUNA SENIOR SCENE

Vol. XV, No. 6

November—December 2018

FORTUNA SENIOR CENTER PRESENTS

## A SALUTE TO VETERANS

*“PTSD and Veterans  
and Their Families”*



*Speaker: Casey Stephens*

**VETERANS DAY—NOVEMBER 11**

**2:00pm**

**FORTUNA VETERANS BUILDING**



Scrap Humboldt—Mini-Trip 2018



Madaket—Mini-Trip 2018

Vol. XV, No. 6  
November—December 2018

**Senior Scene** is a bimonthly publication of  
Fortuna Senior Center  
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## Executive Director—Naomi Johnson

**Newsletter** – Naomi Johnson

**Membership** - Diana LaVen, Pat Johnson

Newsletters available online at [www.fortunasenior.org](http://www.fortunasenior.org)

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## PRESIDENT'S THOUGHTS

Hello,

This will be the second to the last newsletter that will be published by our current Executive Director, Naomi Johnson, as she will be retiring December 31, 2018.

She has been the reason for the growth of this organization. With her experience and knowledge, she has encouraged all of us to be mindful of our Mission Statement. She has worked hard prompting us to learn new ideas and giving us the opportunity to explore outside our comfort zone.

We wish her and her husband many years of good health and the opportunity to explore many new rivers for fly fishing! We all thank you, Naomi, so very much and know that you will be missed.

*Marsha Hays*



## Goodbye

After seven years, I am retiring as the Executive Director at the end of this December. I have enjoyed working for and with you, but I am looking forward to traveling, fishing, and spending time with my husband, Earl.

I wish you all health and happiness!

Naomi

10				
BINGO				
4	27	32	55	73
15	25	41	58	75
8	26	0	59	70
7	22	33	54	62
13	17	43	48	67

## BINGO

Sundays— Nov. 18th &  
Dec. 16th

4:00-8:00pm MGC

Cash pay-outs. Food available for purchase.

Members can bring guests.

Come join the fun!



## WEEKLY EVENT CALENDAR

Unless otherwise noted, activities are at the MGC

### Monday

8:30am *Walking Group*, River Walk  
9:00am PE for Seniors, Methodist Church  
9:00am *Tai Chi*  
10:30am PE for Beginners, Methodist Church  
11:00am *Line Dance*  
11:30am *Senior Exercise*, Rio Dell Baptist Church  
1:45pm *Book Club* (1<sup>st</sup> Monday)  
3:30pm *Ukulele Group*  
5:00pm *S.A.I.L. Exercise*

### Tuesday

8:30am *Walking Groups*, River Walk & Rohner Park  
1:30pm *Senior Stitchers*  
2:00pm *Seated Tai Chi*  
3:00pm *Recorder Group*

### Wednesday

8:30am *Walking Group*, River Walk  
9:00am PE for Seniors, Methodist Church  
10:30am PE for Beginners, Methodist Church  
11:30am *Senior Exercise*, Rio Dell Baptist Church  
Noon *Senior Lunch Bunch* (1<sup>st</sup> Wed.), call Chris  
725-2020 or Carol 725-2931  
1:00pm *Tai Chi*  
5:00pm *S.A.I.L. Exercise*

### Thursday

8:30am *Walking Group*, Rohner Park  
9:00am *Cards*  
9:30am *Yoga for Seniors* (6 classes \$54, first class free)  
1:00pm Mah Jongg  
2:00pm *Seated Tai Chi*  
3:00pm *Bocce Ball*, Rohner Park

### Friday

9:00am *Biking Group*, call Chuck 725-5095  
9:00am *Hiking Group*, call Lynn 725-7953  
9:30am *Cards & Games*  
11:30am *Senior Exercise*, Rio Dell Baptist Church  
2:00pm *Scrabble Group*  
7:30pm *Fortuna Camera Club* (last Fri.), Meth. Chur.

### Sunday

10:30am *Qigong Class* (\$10 instructor fee)

The Mission of Fortuna Senior Center is to  
**“Enrich, Empower, and Involve  
Boomers and Beyond  
of the Eel River Valley Area”**

## MONTHLY SOCIALS

2280 Newburg Road, MGC

### **November 17—Saturday Social: Speaker**

Ed Christians, Coast Central Credit Union, will talk about protecting your identity online.

11:00am Senior Center

### **December 15—Saturday Social: Potluck**

Last names beginning with J-P: bring a dessert. Last names beginning with A-I & Q-Z: bring a main dish or salad.

11:00am Senior Center

## MINI—TRIPS

To make a reservation or for information, call the office at 726-9203. Please let us know by Thursday before the tour if you need to cancel.

**Next Mini-Trip is in January**

## Pinochle Tournament Winners

### September—high score

Men: 1st John Arruda      Women: 1st Gloria Malcomb  
2nd Imogene Dewarns      2nd Ellen Emmons

### October—most games won

Men: 1st Tom Trump      Women: 1st Marilyn Forsell  
2nd Ron Irvin      2nd Pat Moe

The tournament is held on the third Thursday of each month, starting at 9am. We also play cribbage. Everyone is welcome on Thursdays and Fridays.

## Open Mic Corner

You never know what might happen at the Acoustic Open Mic held at the Monday Club on the fourth Sunday of the month (excluding December and May.) Sometimes there is no other way to describe it than happy chaos. Such was the case at the September jamboree when musician attendance nearly matched the audience. Suffice it to say, there was no shortage of talent, and smiles were also in abundance.



Those at the summer Jams got to enjoy new talent as well as traditional favorites such as Nola Sharp (our excellent emcee), Pete West, Roger Vernon, Pamela and Michael Goodwin, Bill and Corinna, and Les Craig. We heard renditions of *I Fall to Pieces*, *Wayfaring Stranger*, *All of Me*, *Ain't Misbehavin'*, *Carolina in My Mind*, *Misty*, *Shoo Fly Pie*, *I'll Fly Away*, *Ghost Riders in the Sky*, and more. Nola also switched to mandolin for *This Little Light of Mine* and was joined enthusiastically by the audience.

New talent included Lorna Hayner and Irene Jorgenson performing Irish folk numbers, Mark Bennett singing an original called *Dan's Song*, and John Muno with *They Call the Wind Myriah* and *Rambling Boy*. Bill Dann, Richard Phillips, and David Buescher graced us with guitar, fiddle, and steel guitar performances of *Steel Guitar Rag*, *Don't Worry About Me*, and *Mountain Dew*. Folks were dancing to these numbers!

**Join us next time for a rocking good time!**

**Our next Open Mic is November 25 from 2:00-4:00pm at the Fortuna Monday Club, 610 Main Street. There will not be an Open Mic in December. For more information, call the Fortuna Senior Center 726-9203**



### Cats the Musical

**April 5-7, 2019**

[Must book by December 31, 2018]

\$630 per person double

\$800 per person single

**Call Debbie at Dalianes 443-2778**

### Community Center Update

- The building will have a green metal roof and redwood siding
- Besides stairwells, there will be an elevator in the central section of the building
- The goal is to have most of the parking lot done this fall
- Estimated completion of our building is the late spring of 2019



## VOLUNTEERS—Thank You!!!

### Bingo

Don Mederios	Betty Mederios
Marsha Hays	Lou Eldrige
Diana McAllister	Sharon Rogers
Dennis Doty	Nora Doty
Margaret Stockes	Pat Johnson
Bob Johnson	Bunny Anderson
Jim Dell'Era	Darlene Mederios

### Oktoberfest

Mary L. Greene	Donna Feddersen
Pat Greene	Mary Greene
Jan Syvertson	Diana McAllister
Helen Broadwater	Evy Colivas
Sandie Marlow	Carol Kinser
Vera Braud	Sharon Rogers
Larry Rogers	Chris Wennerholm
Gary Markegard	Kent Wrede
Pat Johnson	Bob Johnson
Marsha Hays	Kevin Johnson

### Apple Harvest - tabling

Don Mederios	Marsha Hays
Margaret Stockes	Judy Roberts
Chris Wennerholm	Wanda Rigby
Donna Feddersen	Elaine St. Aubin
Sandie Marlow	Vera Braud
Jim Dell'Era	Jim Stanfield

*If you would like to be a volunteer, call the office.*



**Hiking Group—Fruitland Ridge 2018**

## MAKING A DIFFERENCE



Would you like to make a lasting gift to Fortuna Senior Center? Include us as a percentage in your will or trust. Or if you are 71 or older, you make a gift directly from your IRAs without paying federal income tax on the withdrawal. Your support is vital now and in the future.

- **Do you order things from Amazon?**

Well, use AmazonSmile and, at the prompt, go to Fortuna Senior Services, Inc. under registered charities. Amazon will **donate 0.5% of your order to us**.

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## **Fortuna Transit now offers rides to Eureka for **Medical Appointments****

**When: Tuesday**—please schedule your medical appointments between 10am-2pm

**Call: 725-7625**

**Cost: \$2.50 one-way**

## **Volunteers Needed**

Area 1 Agency on Aging Volunteer Driver Program needs volunteer drivers for the Eel River Valley. The Fortuna Senior Center helped start this program in 2010.

Volunteers are provided training and support, but must have their own vehicles, insurance, and clean driving record.

This is very valuable to the seniors in our area! For more information about becoming a driver, please call 442-3763 and ask for Valorie.

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# !!! HAPPY BIRTHDAY !!!

## November

- 2 Colleen Foster, Loene Gossett, Corinne Stanfield, Judy Wechsel
- 3 Raemel Oliveira
- 4 Raymond Lovell
- 5 Nancy Spruance
- 6 Bobbi Bennetzen, Nancy Kirtley
- 7 Earl Jacobs
- 8 Margie Yates
- 9 Kim Browning, Wanda Cope, Dennis Hazelton
- 10 Kathleen Lovell, Betty Mederios, Jeri Thomson
- 12 Dennis Berg
- 13 Les Reynolds
- 14 John Heile, Mary Moore
- 15 Winona Bevins
- 16 Tami Berg, Ross Rowley
- 17 Don Fregeau, John Hamilton, Diane Harrow
- 19 Pat Johnson
- 20 Nathalie Giacomini, Gail Morrison
- 23 Richard Leamon, Carol Youkey
- 24 Shan Anderson
- 25 Judy Dokweiler, Willy Fogg, Lori Hendrick
- 26 Janet Lukas, Diane Taylor
- 27 Don Rassback
- 28 Donna Kay Johnson, Jean Pacheco, Francis Porro, Francis Sweet

## December

- 1 Kay Ellen Deckert, Jan Mattson
- 2 Doris Gajic, Robert Siekmann, Irma Silva
- 3 Linda Gaffin, Edgar Roberts
- 4 Albert Miller
- 5 Ilene Harris, Lucille Scilacci
- 6 Fred Oliveira, Kent Wrede
- 7 Mary Greene
- 9 Ron Irvin, Richard Philipsen
- 10 Mary Dias, Mary L. Greene
- 11 Peggy Murray, James Scaife
- 12 Velma Embree
- 13 Bill Roth
- 14 John Prevost, Judy Roberts
- 15 Mike Murray
- 17 Raven Lang
- 18 Jay Johnson, Terry Schmidt
- 19 Leafy Briggs, Sandie Myers
- 20 Theresa Mae Gonzalez
- 21 Ava Zampatti
- 22 Susan Whitchurch
- 24 Gary Richmond, Dave Settle
- 25 Norma Bohrer, Camille Fellion
- 26 Nancy Murray
- 28 Maurice McMorries, Wilma Mendes
- 29 Sue Leamon, Faith Platt



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## Crafters/Vendors Needed

### Christmas Bazaar

Dec. 8th 9:00-4:00

Tables \$20—Call Lois 682-6008

Fortuna Veterans Hall

Sponsored by VFW Auxiliary 2207

