



FORTUNA SENIOR CENTER

3811 Rohnerville Road, Fortuna, CA 95540

707-726-9203 admin@fortunasenior.org

Vol. XI No. 12

January—February 2024

We're Here!

Its been a long time coming, but the Fortuna Senior Center has a new home. The individuals involved in assisting with this are appreciated! There will be many changes. We will now have four separate classrooms, an exercise room with padded floors to soften the impact, two lounges, and a large open room which will be available to offer many more activities.

There will be open times all day to play whatever cards or games you are interested in. Just post a note or gather a few folks together and we will be able to schedule a room for you to come and enjoy your day.

Anyone interested in doing some cooking classes for, perhaps, single men or women, entertaining, specialty dishes, etc, call the office and we'll see what we can arrange.



A loved one or friend can always be remembered by making a donation or gift to Fortuna Senior Center.

A donation form is accessible on our website www.fortunasenior.org

or simply send a note to The Fortuna Senior Center @ 3811 Rohnerville Road Fortuna, California

A Bimonthly Publication of
Fortuna Senior Center
3811 Rohnerville Road (707) 726-9203
Fortuna CA 95540
admin@fortunaseior.org

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Marsha's Corner

What fun and joy it is to be here at
3811 Rohnerville Rd!

It actually doesn't seem that long ago that we started this adventure.

We are adjusting more each day as we find just where we want everything to be. We did not have to buy any furniture except for a reception desk because we used items that were donated for the Treasure Sale.

Feel free to stop in any time to look around and join in some of the activities. We are open to anything new that you would be interested in learning.

In today's world, it is amazing to look around and know that everything here belongs to us. To know that this entire 2.5 million dollar building is paid for, is an awesome feat in today's economy.

We need to be very proud of this accomplishment. We want to thank everyone from the people that gave \$10.00 to the ones that gave a half million ... all we can say is **"THANK YOU, THANK YOU!"**

We will be celebrating with an OPEN HOUSE probably in February or March.

To all the folks that sponsored an inside door, I have not forgotten about you, I just need a little more time to get together for your selection.

Thank you to all, Marsha

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Volunteer Lunch

February 17

All members are invited.

Writing Class

With Cecelia Howard
Every other Saturday 1-3
Starting 1/20/24

We are looking to see if there is any interest in a class on jewelry repair! If you are interested please contact the office.

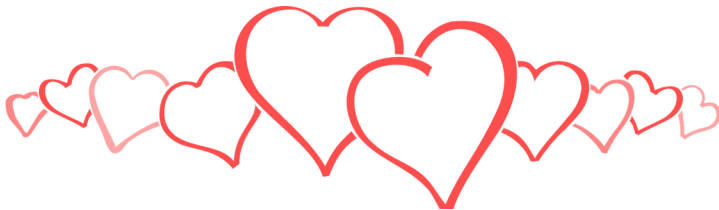
Cards will be played every day!

EP Operation Fortuna LLC

Providing transportation for

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Living Community**

707-726-0111



We are offering a Video Yoga class on Tuesday and Thursday from 9:00 to 9:45.



The Winners from the monthly
Pinocle Tournaments are
November

Women

1st Jess Hickey
2nd Judy Roberts

Men

1st Don Davis
2nd Dick Wall

December

1st Judy Roberts 1st Les Reynolds
2nd Nadine Houk 2nd Bobby Doerr

Vanessa Viggers | Sr. Branch Office Administrator

Greg Seiler | Financial Advisor

Edward Jones

1960 Main St. Ste. A
Fortuna, CA 95540
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Fortuna, CA 95540



Trish Foster

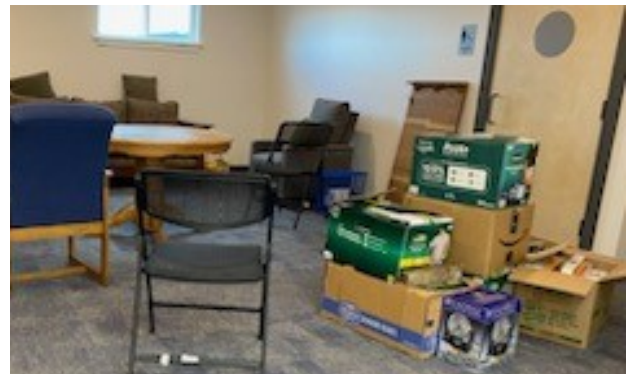
MANAGER

(707) 725-2351

1100 Main Street, Suite A
Fortuna, CA 95540

@bartowsjewelers

The Mission of the Fortuna Senior Center is to
“Enrich, Empower, and
Involve Boomers and
Beyond



Lots to be done to ready the new Senior Center but many hands make light work. Everyone pitched in. We are so excited to begin this new chapter in the story of the Fortuna Senior Center! Come on by and see!





Debbi Krukoni facilitated workshops over 6 Friday afternoons in November and December, and more than 10 people made greeting cards for Thanksgiving, Christmas, Chanukah and New Years. Beside the ones we kept for ourselves, we donated 72 Thanksgiving cards to Fortuna assisted living facilities. Many thanks to Marilyn, Diana, Destiny, Char, Carolyn, Donna, Gayle, Bev, Diane and Terry. But even more amazing is that we delivered 334 Christmas cards signed “from the folks at

the Fortuna Senior Center” to First Choice Care Home, Fortuna Rehab and Wellness, Sequoia Springs, Fortuna Volunteer Fire Department and the Fortuna Veterans Hall. This was such a success; Debbi hopes to have more card-making workshops in 2024. If you have ideas about what kind of cards you’d like to make, contact her by email at sunset@reninet.com



Thanks to all who participated in the Veterans Day Tribute. Thank you to Gary Markegard for being the featured speaker and also for MC ing the event. We appreciate everyone who bought raffle tickets. Thanks to Benbow Inn, Ferndale Meat and Double D Steak House for the raffle prizes. The winners are Paul Demant /Benbow Inn, Patty Zerlang /Ferndale Meat and Nadine Pleshakov /Double D. Thanks to DAR for hosting the refreshments at the event.

We are going to speak with the City about Emergency Alert Service in Fortuna. If interested in being on a group, please call the office.

We are in need of a few more receptionists when we move. We will have a luncheon in January to explain your responsibilities. It need not be a weekly commitment , but maybe you could be interested in being a volunteer. Look for a date and sign up through the office. Call Marsha with any questions you might have. 707-726-9203

We’re looking for 4 teams of cleaning, maintenance and other work to keep our Center spic and span. We really don’t want to hire someone when we all should take pride in our brand new Center. It won’t be difficult if we all do a small part!

Fortuna Chiropractic

Dr. Chris Campagna
drchrishealth@gmail.com

707-682-6155
www.fortunachiropractic.com



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707-768-9208 or 707-382-0443 call for more information



City of Fortuna BUS Transit Service For YOU!

If you are **50 or Older** or a person with a **Disability** you qualify for **TRANSPORTATION**
725-7625 \$2.50 one-way



WITHIN CITY LIMITS:
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www.a1aa.org

FORTUNA SENIOR CENTER

DAILY	Books and Puzzles, lobby (open 9-4 daily)
MONDAYS	
8 a.m.,	Walk the Riverwalk Levee (M-T-W)
10-11:30 a.m.	Tai Chi (M-W), Exercise Room,
10-1	Cards Main Room
11:00-noon	Computer Class, Art Room
12:30-1:00 p.m.	Ukelele for Beginners -preparation for Beginners Classroom #2
1-2 p.m.	Beginning Ukulele, Classroom #2
1:15-3:00 p.m.	Games (all kinds, your choice), Large lounge
1-2 p.m.	Beginning French, Board Room
2-3 p.m.	Book Club, Art Room
2:30-4 p.m.	Ukulele Group, Classroom #2
TUESDAYS	
8 a.m.	Walk the Riverwalk Levee (M-T-W)
9-12	Cards Main Room
9-9:45am	Yoga by Elaina—Exercise Room
10-11 a.m.	Senior Tone Zone (T-Th) upstairs (Aerobics/Seniors)
1-2 p.m.	Stitchery, Large Lounge
1:30-2:30 p.m.	Recorder Group, Boardroom
2-3 p.m.	Seated Tai Chi, Classroom #2
2-3 p.m.	Guitar Practice, Small Lounge
WEDNESDAYS	
8 a.m.	Walk the Riverwalk Levee (M-T-W)
9-12	Cards
10-11:30 a.m.	Tai Chi (M-W), Exercise Room
12-1 p.m.	Brown Bag Lunch Bunch (bring your lunch, and sing-along) Main Room
1-3 p.m.	Art - Art Room (supplies provided, or BYO)
3:30-4 p.m.	(Resuming in February) Practical Self Defense Exercise Room
THURSDAYS	
9-11 a.m.	Cribbage, Main Room
9-9:45a.m.	Yoga by Video (Upstairs)
10-11 a.m.	Senior Tone Zone (T-Th), (Aerobics /Seniors) Exercise Room
11-noon	Qigong - Mind Body Exercise Room
1-3:30 p.m.	Mahjong, Classroom #2
3-4 p.m.	Bocce Ball (Beginners Welcome) Rohner Park
1-3:30 p.m.	Pinochle, main room
FRIDAYS	
9 a.m.	Bike Club (call Jack Rogers 707-599-2944 or Susan Rogers 707-599-797location)
9 a.m.	Hiking Group (call Lyn Crosthwait 707-725-7953 for location)
9:30-12:30	Pinochle, main room (<i>learn to play</i>)
1-3 p.m.	Scrabble, Large Lounge
2-4 pm	BINGO-CIZE exercise/health/fun
7-9:30 p.m.	Camera Club, art room last Friday only)
Saturday	
1-3	Creative Writing Class (Every Other Saturday call for date)

Fortuna Senior Services, Inc.

3811 Rohnerville Road

Fortuna, CA 95540

MEMBERSHIP is open to everyone 50 and older, and residing in the Eel River Valley or the county.

ANNUAL SUGGESTED DONATION:

July 1, 2023 through June 30, 2024 (please circle one.)

Life Membership \$1,000 Visionary \$500 Supporter \$250 Sponsor \$150

Friend \$100 Couple \$72 Individual \$40 Other \$_____

Name(s) (1) _____

(2) _____

Address _____

City/Zip _____

Telephone _____

Email _____

Birthdate (1) _____

(2) _____

Tell me about volunteer opportunities

Send announcements by email

Donation to the Fortuna Senior Center Building Fund

Email Newsletter **(Please specify amount here)**

Make check payable to: Fortuna Senior Center

Mail to: 3811 Rohnerville Road , Fortuna, CA 95540

Telephone: (707) 726-9203

Email: admin@fortunasenior.org

Web: www.fortunasenior.org



Sunday, January 21 Sunday, February 18

Doors will open at 12:30 pm, starts at 2
Bingo is open to all over 18. Need not be a member. Cost will be \$19.00 for a set of cards for 18 games.

Ukulele

Beginner class!

Monday at 12:30 to 1:00.

The regular group continues to meet from 1 to 2 and intermediate is 2:30 - 4:00.



Bike riding is a great way to enjoy our beautiful area and get fresh air and exercise!

Fridays at 9 a.m. Call Jack Rogers @707-599-2944 or Susan Rogers @ 707-599-7976

Saturday Social Potluck

Third Saturday of the Month
January 20th February 17th

Here at the Center from **11-1:00.**

Reserve your spot at the front desk.

Please remember to bring a dish for 10 people, ready to serve.

Whatever is your specialty, will be fine.

Campton Heights Market

2915 School Street

Fortuna, California

Are you having problems understanding or need help to navigate insurance issues or Dr. bills?

Christine Davis has offered help with your questions.

Call the Center or you can meet with her here at the Senior Center. Call for an appointment .707-726-9203

Open Mic

4th Sunday of the Month **2- 4**

Mini Trips

January 26th
Banderas

February 23
Dick Taylor



