



FORTUNA SENIOR CENTER
3811 Rohnerville Road, Fortuna, CA 95540
707-726-9203 admin@fortunasenior.org

Vol. XI No. 12 March-April 2024

Open House

April 14

2-4pm

Come on in and see the home of the new Senior Center. We have new programs and a wonderful new building. We have many new classes, lots of new people and we're excited about all the improvements!



A big screen TV was donated by Michelle Bushnell and Rex Bohn just in time for the Super Bowl game. Participants had a blast, with lots of great food and fun.



Our new pool table is getting some use.



A Bimonthly Publication of
Fortuna Senior Center
3811 Rohnerville Road (707) 726-9203
Fortuna CA 95540
admin@fortunasenior.org

Board of Directors

- | | |
|-----------------------------|---------------|
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| Tami Trent | Rick Center |

- Newsletter** - Alice Oliphant
Facebook - Judy Trimble
Membership - Candy Hackett
Treasury/Website - Pat Johnson

Marsha's Corner

We are settling into our first real home and it has been quite the journey! Every day someone stops in, look around, then joins. We will soon be offering almost 40 different activities.

It is also time for you to think about being a member of our Board of Directors. Our election will be in June. You may speak to any current Board member listed or call the office and speak with me. I would love to tell you about our Board.

I am so grateful for the response of volunteers that we have involved here. It is a great feeling when I am here and all the rooms are filled with folks.

Thank you, Marsha

P.S. It's been a great place to get out of the rain!!

In Loving Memory

- Richard Leamon
Neal Kesterman

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Sunday, March 17 Sunday, April 21

Doors will open at 12:30 pm, starts at 2
Bingo is open to all over 18. Need not be a member. Cost will be \$19.00 for a set of cards for 18 games.

Ukulele

Beginner class!

Monday at 12:30 to 1:00.

The regular group continues to meet from 1 to 2 and intermediate is 2:30 - 4:00.



Bike riding is a great way to enjoy our beautiful area and get fresh air and exercise!

Fridays at 9 a.m. Call Jack Rogers @707-599-2944 or Susan Rogers @ 707-599-7976

Saturday Social Potluck

Third Saturday of the Month

March 16th April 20th

Here at the Center from **11-1:00.**

Pick up your ticket at the front desk or call and reserve one.

Please remember to bring a dish for 10 people, ready to serve.

A-I- Bring Salad or Veg J-S-Bring Entree
RTZ Bring Dessert.

Are you having problems understanding or need help to navigate insurance issues or Dr. bills?

Christine Davis has offered help with your questions.

Call the Center or you can meet with her here at the Senior Center. Call for an appointment .707-726-9203

Mini Trips

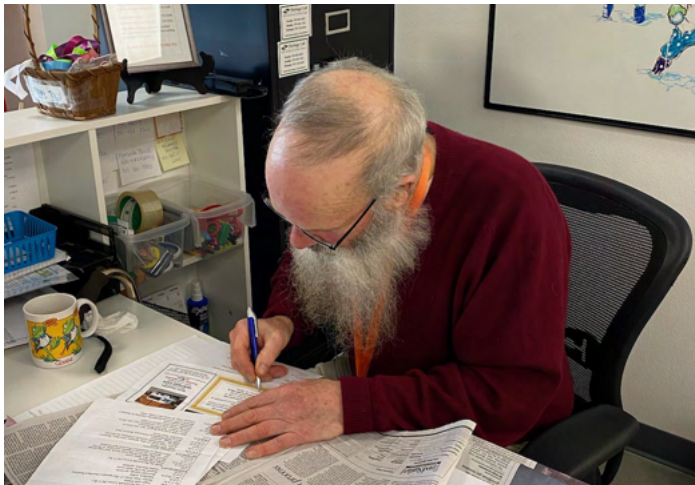
March 22
Lighthouse for the blind

April 26
Access Humboldt



Open Mic

4th Sunday of the Month **2- 4**
Monday Club
March 24 April 28th



**The Winners from the monthly
Pinocle Tournaments are
January**

Women Men

**1st Marsha Hays 1st Dick Wall
2nd Gladys Burres 2nd Ron Cummings**

February

**1st Loni AnnBran 1st Margaret Stockes
2nd Gladys Burres 2nd Linda Wall**

Vanessa Viggers | Sr. Branch Office Administrator

Greg Seiler | Financial Advisor

Edward Jones

1960 Main St. Ste. A

Fortuna, CA 95540

Ph: (707) 725-5098

Overall Winners from 2023

Grand Champion

Nancy Hodgson 4635 Points

Most wins

Women

Men

Nancy 32

John Stibi 34

High Score

High Score

4603

4511



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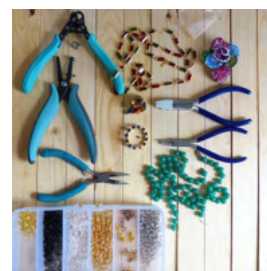
Fax: (707) 725-4052

Cell: (707) 496-3806

Email: Jeremy@jeremystanfieldhomes.com



125 12th Street
Fortuna, CA 95540



We are looking to see if there is any interest in a class on jewelry repair! If you are interested, please contact the office.



Trish Foster

MANAGER

(707)725-2351

1100 Main Street, Suite A

Fortuna, CA 95540

@bartowsjewelers

EP Operation Fortuna LLC

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Living Community

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SUGGESTIONS & COMMENTS

There is now a box at the FREE TABLE where you are able to deposit ideas and needs for the Board to consider.

***The Mission of the Fortuna Senior Center
it to
Enrich,
Empower***

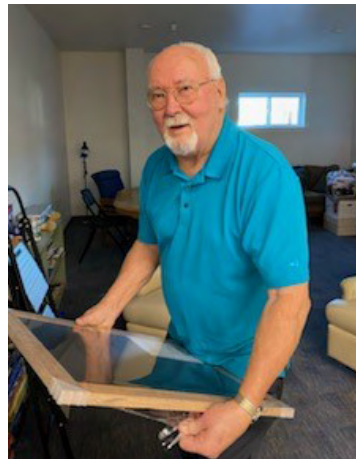


Authentic Sonoma Flour Tortilla Workshop

Friday @ 10:00

Sign up or call if
interested

Jack Saffel



**Welcome to
Exploring Creativity!**

For our first Craft Class, we made fabric post-cards using only fusible web. No sewing required! Our program will be all about exploring creativity. We're working out the details but, as of now, it will be on Mondays from 10:00 to 12:00 for the tutorial. Wednesday is drop in open sewing lab.

Later, crafts we'll be introducing might include alcohol ink painting, picture frame mosaic, mod podge fabric art, painting on fabric, fabric animal fusible projects, weaving, quilting, and fabric applique.

Facebook page publisher, Judy Tremble, is working on weaving classes. Several people have asked about clothing alterations and repair. We've even done an introduction to your new sewing machine segment. We're in the formative stages and want to create a comfortable place where we can enjoy each other's company and create art.



Easter and Spring Greeting Cards

Join Debbi Krukonis on Fridays from 12-3 pm in the art room. We will meet three times on March 1, 8 and 15. It's drop in so come when it suits you. Its free but please bring your favorite glue and pair of scissors. I will provide card bases and lots and lots of materials to decorate them

If you have questions, call Debbie at 707 725-5957 (Land line) or email me at sunset@reninet.com.

I look forward to making cards with you.

**Writing Class
With Cecelia Howard
4 - 5:30
Every other Saturday
March 2, 16, 30**

Fortuna Chiropractic

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drchrishealth@gmail.com

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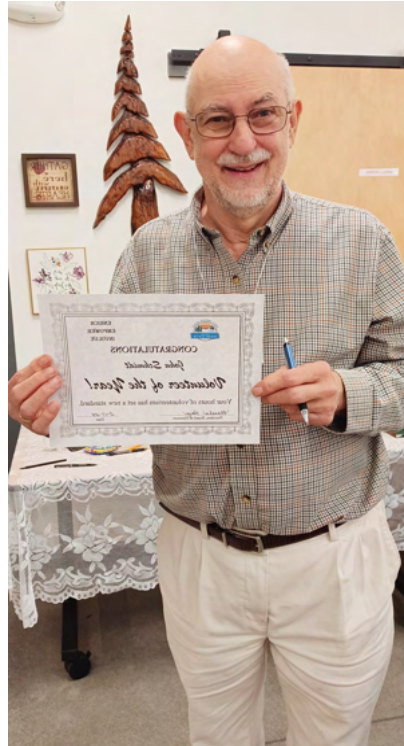


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Fortuna Senior Services, Inc.

3811 Rohnerville Road

Fortuna, CA 95540

MEMBERSHIP is open to everyone 50 and older, and residing in the Eel River Valley or the county.

ANNUAL SUGGESTED DONATION:

July 1, 2023 through June 30, 2024 (please circle one.)

Life Membership \$1,000 Visionary \$500 Supporter \$250 Sponsor \$150

Friend \$100 Couple \$72 Individual \$40 Other \$_____

Name(s) (1) _____

(2) _____

Address _____

City/Zip _____

Telephone _____

Email _____

Birthdate (1) _____

(2) _____

Tell me about volunteer opportunities

Send announcements by email

Donation to the Fortuna Senior Center Building Fund

Email Newsletter **(Please specify amount here)**

Make check payable to: Fortuna Senior Center

Mail to: 3811 Rohnerville Road , Fortuna, CA 95540

Telephone: (707) 726-9203

Email: admin@fortunasenior.org

Web: www.fortunasenior.org

FORTUNA SENIOR CENTER

MONDAYS

8 a.m.	Walk the Riverwalk Levee (M-T-W)
9:00-9:45am	Yoga with Elaina (M-T-W-TH-S)- Exercise Room
10-11:30 a.m.	Tai Chi (M-W-F), Exercise Room
10:00-Noon	Sewing Class– Craft Room
10:00-1:00	Cards– Main Room
11:00-noon	Computer Class, Art Room
12:30-1:00 p.m.	Ukelele for Beginners -preparation for Beginners Classroom 2
1-2 p.m.	Beginning Ukelele, Classroom 2
1:15-3:00 p.m.	Games (all kinds, your choice)
1-2 p.m.	Beginning French, Board Room
2-3 p.m.	Book Club, art room (1st Monday only)
2:30-4 p.m.	Ukelele Group, Classroom 2

TUESDAYS

8 a.m.	Walk the Riverwalk Levee (M-T-W)
9-9:45am	Yoga with Elaina– Exercise Room
9-Noon	Cards– Main Room
10:00-Noon	Sewing—Work on Project– Craft Room
10-11 a.m.	Senior Tone Zone (T-Th) (Aerobics/Seniors) Exercise Room
1-2 p.m.	Stitchery, Craft Room
1:30-2:30 p.m.	Recorder Group, Art room
2-3 p.m.	Seated Tai Chi, Exercise Room
2-3 p.m.	Guitar Practice, Small Lounge

WEDNESDAYS

8 a.m.	Walk the Riverwalk Levee (M-T-W)
9:00-9:45am	Yoga with Elaina-Exercise Room
9:00-Noon-	Cards—Main Room
10:00-Noon	Sewing –Craft Room
10-11:30 a.m.	Tai Chi (M-W)- Exercise Room
12-1 p.m.	Brown Bag Bunch (bring your lunch, and sing-along)
1-3 p.m.	Art - art room (supplies provided, or BYO)
3:30-4 p.m.	Practical Self Defense– Resuming in March– Exercise Room

THURSDAYS

9-11 a.m.	Cribbage -Main Room
9-9:45a.m.	Yoga with Elaina– Exercise Room
10-11 a.m.	Senior Tone Zone (Aerobics /Seniors)-Exercise Room
11-noon	Qigong - Mind Body Exercise—Classroom 2
1-3:30 p.m.	Mah Jongg, Classroom 2
1-3:30 p.m.	Pinochle, main room
3-4:00 p.m.	Bocce Ball—Rohner Park—John Schmidt 707-613-9701

FRIDAYS

9 a.m.	Bike Club (Jack & Susan Rogers 707-599-2944, 707-599-7971 (for location)
9 a.m.	Hiking Group (call Lyn Crosthwait 707-725-7953)
9:30-12:30	Pinochle, Main Room (<i>learn to play</i>)
1-3 p.m.	Scrabble, Main Room
1:15-2:15	BINGO-CIZE –When offered
7-9:30 p.m.	Camera Club, Art room last Friday only)

SATURDAYS

1:00-3:00p.m.	Creative Writing, Small Lounge. (Every other Saturday)
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March 11 at 1:00 pm

Spring Gnome



Self-Defense Class

with Becky Wolverton

Begins March 6th from 3:00 –3:45.

March 11@1:00 pm Limited to 10 people.
Must be signed up!



Origami Crane Class

If you are interested in contributing to the 1000 Crane wall hanging for the smaller lounge room, we will be setting up a few days and times shortly.

If you have any questions talk with Don Davis or Christa.



Movie Afternoon

Beginning March 10 @ 2:00 pm

Every second Sunday of the month

Time 2pm til end of movie

What to bring; comfy lawn chairs or Center will provide chairs

Bring your own favorite beverage

Popcorn will be provided

Donations will be accepted and all proceeds will go to Senior Center Funds.



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