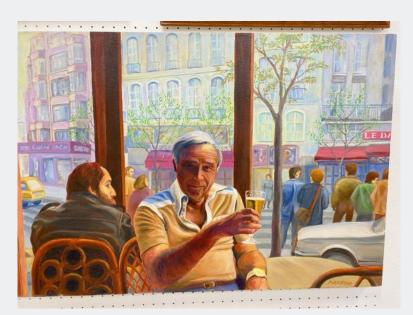


FORTUNA SENIOR CENTER

3811 Rohnerville Road, Fortuna, CA 95540 707-726-9203 admin@fortunasenior.org

Vol. XI No. 13 May - June 2024





Artwork by Marilyn Martino is on display. She can be found enjoying the company of other painters on Wednesday afternoons in Peggy Murray's art room.



1000 cranes by Christa Stressenger and Don Davis now graces the wall of the small lounge.



Lou Ann Bean, along with other cheerful receptionists, greet folks at the door with a big smile.

Vol. XI No. 13 May-June 2024

A Bimonthly Publication of

Fortuna Senior Center
3811 Rohnerville Road (707) 726-9203
Fortuna CA 95540
admin@fortunasenior.org

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Marsha's Corner

It is with heavy heart that I compose my final corner. After 6 consecutive years I must leave and allow someone else to take charge of this "family".

A special thanks to all that have helped put this center together,

The sense of community here is amazing.

Hopefully when we receive the grant money that we applied for we will be able to first do solar, then landscaping, window treatments and various finishes that we didn't complete in order for us to move in.

If you were not able to come to our Grand Opening we hope that you will find time to stop in.

Good health and blessings to all *Marsha*

Mary Sotomyer wants to teach Spanish so if you are interested please call the office.







Sunday, May 19 Sunday, June 15

Doors will open at 12:30 pm, starts at 2 Bingo is open to all over 18. Need not be a member. Cost will be \$19.00 for a set of cards for 18 games.

Exciting news for bingo players! Starting in May, the price for the blackout game will increase by \$1 with a **guaranteed payout each month of \$175!!** This is the first price increase since we began playing bingo at the senior center. So search your couches and check your coat pockets for some spare change and come join us on May 18th. Maybe you can be the first winner of \$175!



Ukulele

Beginner class! Monday at 12:30 to 1:00.

The regular group continues to meet from 1 to 2

Open Mic

4th Sunday of the Month 2-4
At the Fortuna Senior Center
May 26 June 23



This singer that performs at Open Mic" on the 4th. Sunday @2:00 now at the Fortuna Senior Center.

Now that the weather is improving, bike riding is a great way to enjoy our beautiful area and get fresh air and exercise!

Fridays at 9 a.m. Call Jack Rogers @707-599-2944 or Susan Rogers

@ 707-599-7976

Saturday Social Potluck

Third Saturday of the Month

May 18 June 15

New Times!

11-12:00 Social Hour 12-2 Potluck

Monthly Sign Up Sheet is available the 1st of every month where you can RSVP or call the Fortuna Senior Center to make your Reservation (726-9203) The potluck sign up sheet will let you know what you will be responsible to bring. An Entrée, dessert, salad or vegetable will be assigned on a rotating basis month to month

May- A-J Salad or Veg K-N Entrée M-Z Dessert June- A-J Dessert K-N Salad or Veg M-Z Entree

Please remember to bring a dish for 10 people, ready to serve.



Mini Trips

May 24 canceled

June 28 Madaket



Juggling is a great way to improve hand eye coordination and mental acuity. Join us on the 2nd and 4th Thursday of the month at 2:30. Look for

Sign Up sheet. Three bags available for \$12.

Monthly Pinocle Tournament Winners

March

Women Men

1st Lou Ann Bean 1st Tom Trump

2nd Bernice Reynolds 2nd Dottie Riffenburg

April

1st Marsha Hays 1st Lee Tomasini
2nd Judy Roberts 2nd Ron Cummings

Vanessa Viggers | Sr. Branch Office Administrator

Greg Seiler | Financial Advisor

Edward Jones

1960 Main St. Ste. A

Fortuna, CA 95540

Ph: (707) 725-5098

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We are getting all kinds of great ideas for classes. **Mike Lee** (707 616-8221) was interested in giving a nautical knots class if there is interest. And maps on driftwood. **Aline Faben** (707-358 0596) offered weaving classes. **Dean Davison**, 408-690-3739, of Schmooville does all kinds of cooking and would be interested in holding classes. Lets find a way to show them we support volunteers who offer their time and expertise to give classes.



EP Operation Fortuna LLC

Providing transportation for

Sequoia Springs Senior
Living Community
707-726-0111

SUGGESTIONS & COMMENTS

There is now a box at the FREE TABLE where you are able to deposit ideas and needs for the Board to consider.

The Mission of the Fortuna Senior Center it to Enrich, Empower Involve. Membership renewals will be sent out the middle of June. If you joined in the months March April, May and happen to receive a renewal—just ignore it! You are paid for the year.

Linda Wall, Jack Saffel, Raquel Melenudo, Linda Wall, Maire Dodd and John Schmidt are running for the Fortuna Senior Center Board.



A successful fundraiser! Sequoia Springs donated \$4,000 from their silent and Dutch auction.

Jack Saffel"s Authentic Sonoma Flour Tortilla Workshop was a huge success. The sign up sheet filled quickly and when the class started, our lovely new kitchen was jammed full of ea-

ger participants. There is clearly an interest. We are hopeful more culinary ideas are put into place here

There is a class on Friday from 2-3 that discusses various topics. Dottie Riffenburg hosts this group and they meet in the small lounge.

So we know exactly how many are coming to the potluck, we will be having tickets for \$1 that you can get at the front desk.

We want to extend a great big thank you to Bob Ywaski, Bob Gillenwater and



Don Bicknell. They assisted 126 people with their taxes. We so appreciate their generosity!

The Fortuna support group would like to invite those who are dealing with blindness or visual impairment (such as macular degeneration, or other eye diseases) to join us to receive members support, discuss resources, learn about adaptive equipment, discuss personal experiences and more. We meet the second Thursday of the month from 10 a.m. to 11;30 at 2331 Rohnerville Rd. in the annex building next to Seventh Day Adventists church. For more information please call (707) 725-5265

Forrest Conley



Shawn Nichols installs the bench he made.

The open house was a great success!

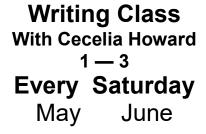














The new drawers and cabinets are a big hit!

Are you having problems understanding or need help to navigate insurance issues or Dr. bills?

Christine Davis has offered help with your questions. Call the Center or you can meet with her here at the Senior Center. Call for an appointment .707-726-9203





Linda Gleave doing "double duty" as the Friday receptionist and cutting squares for the first quilt done in the Craft Room. The quilt is the Raffle Item for May.



Reed Paden just stopped by to see what was going on. He saw all the cars and was curious. After a tour of the facilities, a nice hot cup of coffee, and discussion about when the pool players arrived, he settled in for a game of chess with Jack.

Fortuna Chiropractic

Dr. Chris Campagna drchrishealth@gmail.com

707-682-6155 www.fortunachiropractic.com



🙈 State Farm

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725-7625 \$2.50 one-way



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Tuesdays-make medical appts. Between 10am - 2pm only





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Hours of operation:

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6 AM - 10 PM

Friday & Saturday

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ROBERT JOHNSON

PHARMACIST

1058 MAIN ST FORTUNA, CA 95540

7077254431 7077252671 greensrx@att.net







FORTUNA SENIOR CENTER

DAILY Books and Puzzles, Main Room (open 9-4 daily)

MONDAYS

8 a,m, Walk the Riverwalk Levee (M-T-W)

10-11:30 a.m. Tai Chi (M-W), main room, Fusible Fabric Art Rm 1

11:00-noon Computer Class, Art Room

12:30-1:00 p.m. Ukelele for Beginners—Preparation for Beginners Classroom 2

1-2 p.m. Beginning Ukelele, Classroom 2

1:15-3:00 p.m. Games (all kinds, your choice), Main Room

1-2 p.m. Beginning French, Board Room

2-3 p.m. Book Club, Board Room (1st Monday only)

2:30-4 p.m. Ukelele Group, Classroom 2

TUESDAYS

8 a.m. Walk the Riverwalk Levee (M-T-W) -

9-9:45am Yoga by Video– Classroom 2

10-11 a.m. Senior Tone Zone (T-Th) (Aerobics/Seniors) Exercise Room

1-2 p.m.
1:30-2:30 p.m.
2-3 p.m.
2-3 p.m.
Stitchery, Craft Room
Recorder Group, art room
Seated Tai Chi, Classroom 2
Guitar Practice, Small Lounge

WEDNESDAYS

8 a.m. Walk the Riverwalk Levee (M-T-W)

10-11:30 a.m. Tai Chi (M-W), main room

12-1 p.m. Brown Bag Bunch (bring your lunch, and sing-along)

1-3 p.m. Art - Art Room (supplies provided, or BYO)

3:30-4 p.m. Practical Self Defense

THURSDAYS

9-11 a.m. Cribbage, Main Room 9-9:45am Yoga by Video Classroom 2

10-11 a.m. Senior Tone Zone (T-Th), (Aerobics /Seniors)

1-3:30 p.m. Mah Jong, Classroom 2

3-4:00 p.m. Bocce Ball—Rohner Park—Beginners Welcome

1-4 p.m. Pinochle, main room

FRIDAYS

9 a.m. Bike Club (call Jack Rogers 707-599-2944 or

Susan Rogers 707-599-797location

9 a.m. Hiking Group (call Lyn Crosthwait 707-725-7953)

9:30-12:30 Pinochle, main room (learn to play)

1-3 p.m. Scrabble, main room

2-4 pm BINGO-CIZE exercise/health/fun call 707-726-9203 for times

7-9:30 p.m. Camera Club, art room last Friday only)

SATURDAYS

1-3:00 p.m. Writing Class















Movie Afternoon

CAPE FEAR May 12

Every second Sunday of the month

Time 2pm til end of movie

What to bring; comfy lawn chairs or Center will provide chairs

Bring your own favorite beverage Popcorn will be provided

Donations will be accepted and all

POP

proceeds will go to Senior Center Funds.





Walt Chalton

Website Design and Services

1001 11th Street Fortuna, CA 95540 (707) 499-7079 walt@wichalton.com

Fortuna Senior Services, Inc.	
3811 Rohnerville Road	
Fortuna, CA 95540	

MEMBERSHIP is open to everyone 50 and older, and residing in the Eel River Valley or the county.

ANNUAL SUGGESTED DONATION:

July 2,2024 through June 30, 2025 (please circle one.)

Life Membership \$1,0	00 Visionary \$500	Supporter \$250 Sponsor \$150
Friend \$100	Couple \$72	Individual \$40 Other \$
Name(s) (1)		(2)
Address	· · · · · · · · · · · · · · · · · · ·	City/Zip
Telephone		Email
Birthdate (1)		(2)
() Tell me about volunteer o	pportunities	() Send announcements by email
() Donation to the Fortuna S	Senior Center Building F	und () Email Newslહ ા(સ્વકલ specify amount here)

Make check payable to: Fortuna Senior Center

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