



## FORTUNA SENIOR CENTER

3811 Rohnerville Road, Fortuna, CA 95540

707-726-9203 admin@fortunasenior.org

Vol. XI No. 15 November-December 2024

### TREASURE SALE NEWS

The Treasure Sale was a HUGE success! We would like to thank all those that made donations and the many volunteers who worked throughout that week. The event raised over \$11,000.

\* If anyone is interested, there is a gently used Schwinn 270 Recumbent Exercise Bike for sale. More information can be found on Craig's List and FB Marketplace.

### TREASURER'S REPORT

I'm sure the biggest fiscal question on most members' mind is "When will we be getting the grant money?" The best estimate is that we should have access to the funds by the end of the year, but there is no guarantee. We just have to be patient.

In other news, we are still short on paid memberships. So, if you haven't sent your check, please don't forget. The membership dollars cover over half of our operating costs.

### LAUGH FOR THE DAY!

You know you're a grownup when you actually pick up the ice cube instead of kicking it under the fridge.

When fish are in schools, they sometimes take debate.

A boiled egg is hard to beat.

### KATHY'S COMMENTS

#### FSC Board President

The Board continues to chair many committees. Chuck Dwelley is chairing the Veteran's Day Celebration, Nov. 11th, at the Veteran's Hall, 1426 Main Street, Fortuna. The presentation begins at 2:00 p.m. We will be honoring Casey Day, Fortuna's Police Chief.

Bingo is still being chaired by our treasurer, Linda Wall, with many supporting volunteers.

The newsletter has shifted hands. We all want to thank Alice Oliphant for graciously being the editor in past months. John Schmidt and Kathy Finlay will take over as Editors with the assistance of Maire Dodd, Linda Wall and Michael Wall. Harolyn Salter has taken many photos of the daily activities at the center.

Jim Stanfield,(Advisory Board) Jack Saffell (Board Member) and Darlene Sampson (FSC Member) have taken on the cleaning of the floors weekly and monthly.



## November-December 2024

A Bimonthly Publication of  
Fortuna Senior Center  
3811 Rohnerville Road (707) 726-9203  
Fortuna CA 95540  
[admin@fortunasenior.org](mailto:admin@fortunasenior.org)

### Board of Directors

Kathy Finlay	Harolyn Salter
Kevin Johnson	Pam Goodwin
Jerry Murry	Linda Wall
Chuck Dwelley	Jack Saffell
John Schmidt	

### ADVISORY BOARD MEMBERS

Keith Borges	Nancy Kirtley
Chris Broadstock	Hec Wood
Jeff Nelson	Jon Sapper
Dennis Scott	Jeremy Stanfield
Tami Trent	Rick Center
Jim & Connie Stanfield	

**Newsletter** - Kathy Finlay/John Schmidt

**Facebook** - Judy Trimble

**Membership** - Candy Hackett

*We ♥ our  
Volunteers*

### NEW CLASSES

Ted Lichti is teaching oil painting in classroom 1 on Monday's 10:00 am - 1:00 pm. There are 11 members enjoying this experience.

**Drum Circle**-Harolyn Salter is the leader of this small but mighty class being held in the lounge Monday 11:30-11:50 am.

John Schmidt is offering Computer Café-trouble shooting and assistance for technology on Monday 2:00-3:00 p.m. in Classroom 1.

Digital Literacy is offered by A1AA. The teacher is Tom Silva on Tues and Thurs 10 am -12 pm. The first 6 received a free Apple iPad (income based). The next class is coming in January.

### **Planter Watering**

Jack Saffell and Jim Stanfield are maintaining our outside garden beds. As winter is coming, new plants will be added that can sustain our colder weather,

**Greg Seiler**  
Financial Advisor

1960 Main Street  
Suite A  
Fortuna, CA 95540  
Bus. 707-725-5098 Cell 707-845-9489  
Fax 866-481-4834  
[greg.seiler@edwardjones.com](mailto:greg.seiler@edwardjones.com)  
[www.edwardjones.com](http://www.edwardjones.com)  
California Insurance License OC24309

**Edward Jones**  
MAKING SENSE OF INVESTING

**Campton Heights Market**  
**2915 School Street**  
**Fortuna, California**

**HUMMEL**  **TIRE & WHEEL, INC.**

Tires • Auto • Trucks • Tractors  
Brakes • Shocks • Alignments  
260 S. Fortuna Blvd.  
Fortuna, CA 95540

Lisa Hummel  
Owner

Wendy Hummel  
Owner

Phone: 707-725-4120  
[www.hummeltire.com](http://www.hummeltire.com)



**Sunday November 17 December 15**

Doors will open at 12:30 pm. Game starts at 2. Bingo is open to all over 18. Need not be a member. Cost will be \$20.00 for a set of cards

Exciting news for bingo players! The price for the blackout game is \$2 per sheet with a guaranteed payout of \$175.

Black-out in September was \$206 and, in October, it paid out \$236.

**Ukulele**

Beginner class! Monday at 12:30 to 1:00. The regular group continues to meet from 1:00 to 2:00 and Advanced is 2:30 - 4:00.

**FORTUNA SENIOR CENTER  
NOVEMBER SOCIAL GATHERING  
SATURDAY \* NOVEMBER 16th  
12 - 2 PM**

LEANNE LANGSTON (Outreach Specialist) from AREA ONE AGENCY ON AGING will be speaking. Leanne was here earlier in the year at one of our Potlucks. She will be back to share a wealth of information regarding programs and services available for Seniors as well as be on hand to answer questions.

Coffee, tea and punch will be available. Please sign up to bring something sweet or savory finger-type food to share.

QUESTIONS? Call Kathy Finlay (707) 726-9203

Bike riding is a great way to enjoy our beautiful area and get fresh air and exercise! **Fridays at 9 a.m.**

Call Jack Rogers  
707-599-2944 or  
Susan Rogers at  
707-599-7976



**FORTUNA SENIOR CENTER  
HOLIDAY POTLUCK**

**SATURDAY - DECEMBER 21**

**Social Hour: 11 am - 12 pm**

**Potluck: 12 pm - 2 pm**

**If your last name begins with:**

**A - J: Entrée**

**K - N: Dessert**

**O - Z: Salad or Vegetable**

**DOOR PRIZE! 50/50 RAFFLE!**

**SIGN UP AVAILABLE AT FRONT DESK  
or Call The Fortuna Senior Center after  
December 1st at 726-9203 to make your  
reservations.**

**FOOT PROBLEMS? WE CAN HELP!**



**FOOT PROBLEMS AFFECT YOUR ANKLES, KNEES, HIPS AND ATTITUDE...  
LET US HELP YOU FEEL BETTER!**

*The shoe store that still measures your foot.*



WE'RE CERTIFIED  
TO WORK WITH  
DIABETIC &  
PEDORTHIC  
FOOT NEEDS!

**Strehl's**

**FAMILY SHOES & REPAIR**

**CORNER OF 15TH & MAIN • FORTUNA • (707) 725-2610**



Marilyn Strehl, C.PED  
Certified Pedorthic  
ID:CFED 2262



## Monthly Pinochle Tournament Winners



### SEPTEMBER

#### Women:

1st: Gladys Burres  
2nd: Judy Roberts

#### Men

1st: Bobbie Dyer  
2nd: Dottie Riffenburg

### OCTOBER

#### Women

1st Linda Larson  
2nd Carol West

#### Men

1st Tom Trump  
2nd John Stipi

### **POKER**

#### **EVERY MONDAY AT 3:00 PM**

The game will last approx. 3 to 4 hours and there are only 6 seats available at this time as we are going to start only one table. If there is enough interest, we will add tables as necessary. Each week, the first 6 to sign up will have those seats.

**Vanessa Viggers | Sr. Branch Office Administrator**

**Greg Seiler | Financial Advisor**

**Edward Jones**

1960 Main St. Ste. A

Fortuna, CA 95540

**LANDMARK  
REAL ESTATE**  
www.landmarkhumboldt.com

**Jeremy Stanfield, Broker**

DRE #01339550



Bus: (707) 725-2852

Fax: (707) 725-4052

Cell: (707) 496-3806

Email: [Jeremy@jeremystanfieldhomes.com](mailto:Jeremy@jeremystanfieldhomes.com)

125 12th Street  
Fortuna, CA 95540

## VETERAN'S DAY CELEBRATION

November 11, 2024 @ 2 PM

HONOREE:

**CASEY DAY**

Ribbons will be handed out to all military volunteers. Roger Sanderson will be playing patriotic songs for the audience to sing. Refreshments will be served by members of DAR in the kitchen. Event is located at The Fortuna Veteran's Hall \* 1426 Main St.



## LOOKING FOR BRIDGE PLAYERS!

We've been trying to play on Tuesdays from 11 am to 1 pm, but sometimes we can only get three people to participate. All levels welcomed. If anyone is interested, they could call, text me at 650-274-7666 or Email [chris@schmooville.net](mailto:chris@schmooville.net)

Table Tennis fun!

For details, text Chris at (650) 274-7666



Board Members Jack Saffell is serving as the Committee Chair and Harolyn Salter as Co-Committee Chair of The Fitness Room Flooring. Funds are up to \$3200.

**DEADLINE for Submissions  
for the January/ February  
Newsletter is:**

**DECEMBER 15, 2024**



## VETERAN'S DAY 50/50 RAFFLE

A BIG Thank You to Terry Schmidt of Gnome Craft Boutique for her enormous efforts in securing items for the Veteran's Day Raffle. There are two baskets in the lobby filled with a variety of awesome items, many donated from local merchants. Tickets are available at the front desk for \$5 for 6 tickets. The drawing will be held at The Veteran's Day event. The money will be split between the Fortuna Senior Center and the Veterans.

## VOLUNTEERS NEEDED

Looking for people to help at BINGO as Callers and at The Concession Stand. If you are interested, please contact: Linda Wall

Games Monday 1:15—3:00

There is a discussion group that meets from 2-3 PM on Fridays. Dottie Riffenburg discusses various subjects in the Lounge.

A loved one or friend can always be remembered by making a donation or gift to:

### Fortuna Senior Center

A donation form is accessible on our website [www.fortunasenior.org](http://www.fortunasenior.org) or simply send a note to:

The Fortuna Senior Center  
3811 Rohnerville Road,

### GREEN'S FORTUNA PHARMACY

ROBERT JOHNSON  
PHARMACIST

1058 MAIN ST  
FORTUNA, CA 95540

7077254431  
7077252671  
greensrx@att.net

greenafortuna.com



We want to thank all of you volunteers who do such a good job keeping this facility ship-shape and running. We could not do it without your help! Our bathrooms are always clean, the kitchen is working well and our greeters do a fantastic job!

***The Mission of  
the Fortuna  
Senior Center  
is to  
Enrich,  
Empower  
Involve.***

# FORTUNA SENIOR CENTER

## November/December 2024

**DAILY: Books and Puzzles Main Room (Open 9 am to 4 pm daily)**

### MONDAYS

8:00 am	Walk to Riverwalk Levee (M-T-W)
10:00 am-11:30 am	Tai Chi (M-W) Exercise Room
10:00 am- 1:00 pm	Oil Painting in Classroom 1
10:00 am- 12:00 pm	Introduction to Computers in Room 4 (4 week course)
11:30 am- 11:50 am	Drum Circle in Lounge
12:30 pm- 1:00 pm	Ukulele for Beginners (Preparation for Beginners) Classroom 2
1:00 pm- 2:00 pm	Beginning Ukulele in Classroom 2
1:15 pm- 3:00 pm	Games (All kinds-Your Choice) in Main Room
1:00 pm- 2:00 pm	Intermediate French in Classroom 4
2:00 pm- 3:00 pm	Computer Café in Classroom 1 (Computer Problem Help)
2:00 pm- 3:00 pm	Book Club (1st Monday only) in Classroom 4
2:00 pm- 3:00 pm	Computer Café in Room 1
2:30 pm- 4:00 pm	Ukulele in Classroom 2
3:00 pm	Poker in Main Room

### TUESDAYS

8:00 am	Walk the Riverwalk Levee (M-T-W)
9:00 am- 9:45 am	Yoga by Video in Exercise Room
10:00 am- 12:00 pm	iPad Basics in Classroom 1 (10 Sessions, starting in January)
10:00 am- 11:00 am	Senior Tone Zone (Senior Aerobics) (T-TH) in Exercise Room
1:00 pm- 2:00 pm	Stitchery in Classroom 1
1:00 pm	Pool Tournament (Signup is Necessary)
1:30 pm- 2:30 pm	Recorder Group in Classroom 4
2:00 pm- 3:00 pm	Seated Tai Chi in Classroom 2
2:00 pm- 3:00 pm	Guitar Practice in Small Lounge
4:00 pm- 6:00 pm	Bunco (3rd Tuesday) in Main Room

### WEDNESDAYS

8:00 am	Walk the Riverwalk Levee (M-T-W)
10:00 am-11:30 am	Tai Chi (M-W) in Exercise Room
10:30 am-12:00 pm	Deb's Rock Painting in Classroom 1
12:00 pm- 1:00 pm	Brown Bag Lunch (Bring your Lunch & Sing Along) Main Rm
1:00 pm- 3:00 pm	Art (Supplies provided or BYO) in Room 4

## **THURSDAYS**

9:00 am- 11:00 am	Cribbage in Main Room
9:00 am- 9:45 am	Yoga by Video in Exercise Room
10:00 am- 11:00 am	Senior Tone Zone (Senior Aerobics) (T-TH)
11:15 am- 12:00 pm	Seatercize (Chair Exercise) in Room 2
1:00 pm- 3:30 pm	Maj Jong in Classroom 2
1:00 pm- 2:30 pm	Open Lab Craft Individually in Classroom 1
1:00 pm- 3:30 pm	Pinochle in Main Room
3:00 pm- 4:30 pm	Bocce Ball** at Rohner Park. Beginners Welcome (Contact: John at 707-617-2180)

## **FRIDAYS**

9:30 am	Bike Club(Call Jack Rogers 707-599-2944 or Susan Rogers 707-599-7976) for location.
9:00 am	Hiking Group (Call Lyn Crosthwait 707-725-7953)
9:30 am-12:30 pm	Pinochle in Main Room (Learn to Play)
1:00 pm- 3:00 pm	Scrabble in Main Room
2:00 pm - 3:00 pm	Discussion Group (Lounge) Dottie Riffenburg-Chair
7:00 pm- 9:30 pm	Camera Club in Art Room (Last Friday of the month only)

## **SATURDAYS**

11:00 am-12:00 pm	Potluck Social Hour (3rd Saturday Only)
12:00 pm- 2:00 pm	Potluck (3rd Saturday Only)

## **SUNDAYS**

2 pm- TBD	Movies (2nd Sunday starting in February 2025)
2 pm- TBD	BINGO (3rd Sunday Only)
2 pm- 4 pm	Open Mic* (4th Sunday Only)

**\*Seasonal/Special Schedule    \*\*Outdoor Activities/Location Varies**

**Call if you have any questions: 707-726-9203**

**Coming in January: 10 Sessions (two per week) on Digital Literacy (iPad Basics)**



Revised 10/2024

# FSC COMMITTEES - 2024

**RECEPTIONISTS:** Gail Mentick (Chair)

Time Slots: 9:00 am - 12:30 pm or 12:30 pm - 4:00 pm

**MEMBERSHIP:** Candy Hacket (Half day on Thursdays)

**FINANCE:** Linda Wall (Chair and Board Treasurer)

**POTLUCKS:** Kathy Finlay and Maire Dodd (Every other month: February, April, June, August, October, December)

**VETERAN'S DAY:** Chuck Dwelley (Chair)

**BINGO:** Linda Wall (Chair)

**CLASSES:** Kathy Finlay

**OPEN MIC:** Jan Kelley (Chair)

**NEWSLETTER:** John Schmidt and Kathy Finlay

**LIBRARY:** Sandie Marlow

**WEB PAGE:** (work with Walt Chalton to keep current) - John Schmidt

**LOOKING FOR VOLUNTEERS TO CHAIR THE FOLLOWING COMMITTEES:**

MINI TRIPS

FUNDRAISING

HIKING

WALKING

FACILITIES

NOMINATING

**IF INTERESTED PLEASE CONTACT KATHY FINLAY AT (707) 726-9023**





## Board Member Highlight



**Harolyn Salter**

Harolyn is a Certified Instructor volunteering since July 2021 as the “Tone Zone” and most recently “Seatercize” fitness classes. She has worked in a Senior Independent Living Facility as an Activity Director in Loma Linda, CA. She feels like she will be an asset to the Board with the goal of developing programs for seniors and improving their life styles.

There has been a request to print Birthdays in the newsletter but due to space limitations they will be posted on the back of the front information board.



## OPEN MIC Don't forget!

Open mic is now being held at the **Fortuna Senior Center** and the musicians and participants seem to like the new home. Come on in and enjoy on the 4th Sunday of the Month from 2:00 to 4:00 pm.

**Next Open Mic Days are:**

**November 24th**

**December 22nd**

## BOCCE BALL



Left to right: Kent Wrede, John Schmidt, Kevin Johnson Sandy and Amy

It's time to be outside enjoying the weather, exercise and fellowship of other seniors. The Bocce Ball courts are in great shape and waiting for you all to throw some balls! Beginners are welcome. NO need to sign-up, just come on Thursdays from 3-4:30 pm. (Sometimes longer). Courts are in Rohner Park next to the Rodeo Grounds.



**We appreciate all volunteers! Areas we need help with:**

- Monthly Raffle for the Lobby
- Clean Counters in Kitchen Monthly
- Clean Refrigerator Monthly
- Maintain Web Page with Walt Chalton
- Someone to type and update the monthly schedule

**Greg Seiler**  
Financial Advisor

1960 Main Street  
Suite A  
Fortuna, CA 95540  
Bus. 707-725-5098 Cell 707-845-9489  
Fax 866-481-4834  
greg.seiler@edwardjones.com  
www.edwardjones.com  
California Insurance License OC24309

**Edward Jones**  
MAKING SENSE OF INVESTING

**THANK YOU TO  
OUR SPONSORS!**

**PEPPER'S**

**OPEN FOR BREAKFAST,  
LUNCH, AND DINNER!**

Located in:

Redwood Village Shopping Center  
719 S. Fortuna Blvd.

Phone number:

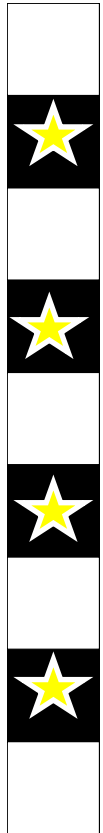
(707) 725-5580

Hours of operation:

Sunday - Thursday 6 AM - 9 PM

Friday & Saturday 6 AM - 10 PM

**ASK US ABOUT OUR  
KIDS'/SENIORS' MENU!**



**Massage Therapy by Sharon**  
**Swedish, Deep Tissue, Lymphatic**

Sharon Ledbetter Moulton, CMP  
707-548-5074  
3106 School St.  
Fortuna, CA 95540



**WJ CHALTON SOLUTIONS**

**Walt Chalton**

*Website Design  
and Services*

1001 11th Street  
Fortuna, CA 95540  
(707) 499-7079  
walt@wjchalton.com



**HORIZON**  
BUSINESS PRODUCTS  
[www.horizonbusinessproducts.com](http://www.horizonbusinessproducts.com)

**Loene Gossett**  
*Store Owner & Notary Public*

**OFFIC SUPPLY STORE**

1137 Main Street Phone: 707-725-6542  
Fortuna, CA 95540 Fax: 707-725-6541

Email: [print@horizonbusiness.com](mailto:print@horizonbusiness.com)



**CRYSTAL LEWIS**  
Broker License: CA-0D77118



1336 Main Street  
Fortuna, CA 95540

(707) 725-1135

Mon. - Fri., 8:30am - 5pm

After hours appt. available  
24/7 Good Neighbor Service



**AREA 1  
Agency on Aging**

**HICAP**

HEALTH INSURANCE COUNSELING &  
ADVOCACY PROGRAM

**707.444.3000**

333 J STREET  
EUREKA, CA 95501

**800.434.0222**

[www.facebook.com/A1AA.org](http://www.facebook.com/A1AA.org)

[www.a1aa.org](http://www.a1aa.org)





Pictured: Ted Silva, Mary Burns, John Schmidt, Sandra Bartlett, Ibbey Gerner, Gail Walton and Terry Freymuth (not pictured, Instructor Tom Silva) iPad Basics Class



New Class! Drum Circle with Gayle, Tina, Harolyn, Pat and Margaret.



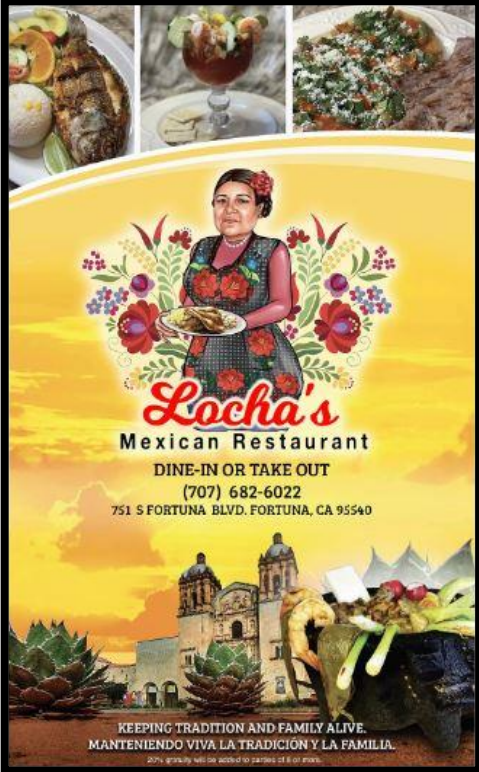
Students Rod and Bonnie in the Introduction to Computers Class (not pictured, Instructor John)

**Gnome Craft Boutique**



Terry Schmidt  
Owner/Designer  
916-745-5791  
Gnomecraftboutique@gmail.com  
Facebook - Gnome Craft Boutique

**Thank you, Terry, for the amazing job of putting together the baskets for the Veteran's Raffle!**



**Locha's**  
Mexican Restaurant  
DINE-IN OR TAKE OUT  
(707) 682-6022  
751 S FORTUNA BLVD. FORTUNA, CA 95540

KEEPING TRADITION AND FAMILY ALIVE.  
MANTENIENDO VIVA LA TRADICION Y LA FAMILIA.  
20% gratuity will be added to parties of 8 or more.

Thank you to Locha's for generously donating a \$50 Gift Certificate for our Veteran's Day Gift Basket Raffle!

Fortuna Senior Center  
3811 Rohnerville Road  
Fortuna, CA 95540

---

**MEMBERSHIP** is open to everyone 50 and older, and residing in the Eel River Valley or the county.

**ANNUAL SUGGESTED DONATION:**

**July 1, 2024 through June 30, 2025** (please circle one.)

Life Membership \$1,000	Visionary \$500	Supporter \$250	Sponsor \$150
Friend \$100	Couple \$72	Individual \$40	Other \$ _____

Name(s) (1) \_\_\_\_\_

(2) \_\_\_\_\_

Address \_\_\_\_\_

City/Zip \_\_\_\_\_

Telephone \_\_\_\_\_

Email \_\_\_\_\_

Birthdate (1) \_\_\_\_\_

(2) \_\_\_\_\_

Tell me about volunteer opportunities

Send announcements by email

Donation to the Fortuna Senior Center Building Fund

Send the newsletter by email

**Make check payable to:** Fortuna Senior Center

**Mail to:** 3811 Rohnerville Road, Fortuna, CA 95540

Telephone: (707) 726-9203

Email: [admin@fortunasenior.org](mailto:admin@fortunasenior.org)

Web: [www.fortunasenior.org](http://www.fortunasenior.org)