



FORTUNA SENIOR CENTER
3811 Rohnerville Road, Fortuna, CA 95540
HOURS: Monday through Thursday 9 a.m. - 4 pm
Friday 9 a.m. - 3:30 pm
SEPTEMBER/OCTOBER 2025
707-726-9203 admin@fortunasenior.org

Greetings to our Membership

I am Monalee Garcia. My friends call me Mona. I want to thank you for electing me to the Board. I also want to thank our Board for nominating and voting me in as your President. I appreciate your vote of confidence in me.

I want to congratulate all parties involved who have worked tirelessly for about five years on the Grant. We are now able to start the projects that were approved by the Board at that time.

Thank you, Joan Woodcock and Marsha Hays. I am working with the Grant Administrator Marsha Hays, Board of Director Members Chuck Dwelley, Lewis Boddie, and Jack Saffell. The solar, security, and landscaping will be the first three projects started. The list is long and will take time to complete.

I aim to be here every day and have an open-door policy. If you have been gone for a while, come on back and see what is new. Stop by my office and say hello, I would like to meet you. I would also like to encourage you to volunteer.

We are all so lucky to have the Fortuna Senior Center. Please help us to keep it clean and running smoothly for all to enjoy.

I hope to see you here,

Mona



Lorraine Schuler turns:

91 YEARS YOUNG!

Lorraine Schuler celebrated her 91st Birthday at a recent Open Mic. Pictured here making a wish with is Lorraine with Marty King, Vikki Nesvold-King and Debbie Ecker.

**PICNIC IN THE PARK
ON SEPTEMBER 6TH
IS CANCELLED! ←**

COMING IN SEPTEMBER!
FSC ANNUAL TREASURE SALE
SEE DETAILS ON PAGE 8



A Bimonthly Publication of :
Fortuna Senior Center
3811 Rohnerville Road (707) 726-9203
Fortuna CA 95540
admin@fortunasenior.org

BOARD OF DIRECTORS

Mona Garcia	Lewis Boddie
Lee Tomasini	Pam Goodwin
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Chuck Dwelley	Jack Saffell
John Schmidt	

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Newsletter - Kathy Finlay Yolanda Bowdoin
John Schmidt Mairead Dodd

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Membership - Candy Hackett

Website - Walt Chalton

2025-2026 BOARD OFFICERS

President: Mona Garcia

Vice President: Lee Tomasini

Secretary: John Schmidt

Treasurer: See Below

Linda Wall will continue as Chief
Financial Officer (non-board position)



ART HAPPENINGS Fortuna Senior Center

WEDNESDAYS: Deb's Rock Painting and
10:30 am - 12:00 pm so much more! Rm 1

1:00- 3:00 pm **ART** (Supplies provided
or bring your own.) Rm 4

THURSDAYS: Open Lab Craft
1:00- 2:30 pm (Individually) Rm 1

SECOND FRIDAY OF THE MONTH:

1:00 - 3:00 pm **Art with Louise** Rm 4

* See Information Board at the Center for
more details on upcoming classes and
sign up sheet for Louise's classes.

*The Mission
of the
Fortuna Senior Center
is to
Enrich * Empower * Involve*

Submissions Deadline!
**NOVEMBER/DECEMBER
NEWSLETTER
OCTOBER 15**



BOARD MEETINGS

September 17

October 8

2 PM

A BIG THANK YOU TO:

Stephen Wilson for stepping up for weed
eating the grass area around the Center.

**SATURDAY SOCIAL IN SEPTEMBER
TO BE ANNOUNCED. Check Bulletin
Board and watch for an email
announcement with details.** ★

NEW HOURS ON FRIDAY AT FSC

FRIDAYS 9 a.m. to 3:30 p.m.



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July Mini Trip at Channel Three

MINI TRIPS

Mini Trips take place the 4th Friday of each month. A sign-up sheet with info will be on the main Bulletin Board or White Board at the Center. Members have the opportunity to join others for lunch at a local food venue afterwards. There may be an occasional fee for outings such as Madaket Cruises in Eureka.

**SEPTEMBER 26th: COUNTY JAIL
LUNCH: GALLAGHERS**

**OCTOBER 24th: FORTUNA POLICE DEPARTMENT
LUNCH: LOCHAS**

Campton Heights Market
2915 School Street
Fortuna, California



Member Spotlight Yvonne Sutherland

Narrated by Bill, her husband of 61 years.



Yvonne was born in Indonesia. Her father had been taken prisoner by the Japanese in WWII. The family lived outside of the prison camp because their Armenian mother looked Indonesian and spoke Malay. Yvonne immigrated to Belgium after the war and her father became a sea captain on a ship on the Congo River. He was a graduate of the Belgium / Dutch School of Nautical Engineering. After living 10 years in the Congo, she went to Switzerland to recuperate from illness caused by swamp-like conditions and mosquitoes. They thought it was TB. The Family immigrated to the USA when she was 13. She made the honor roll her first year even though her first language was French, then Dutch, some Malay and Armenian. English was her 5th language. She graduated from BYU. She became a nurse at Chico state. She then worked as a school nurse. Bill and Yvonne have 6 kids, 21 Grandchildren and 8 Great Grand Children. She plays piano, guitar, uke, harp and mouth harp. Piano is her favorite instrument and she plays in a restaurant in Willows half the year. They live in Willows from October to April and in Fortuna from May to September.

Editor Note: Thanks Bill for sharing Yvonne's AMAZING Story! Recently I had the pleasure of hearing Yvonne play the piano at the Senior Center. What a delightful experience!



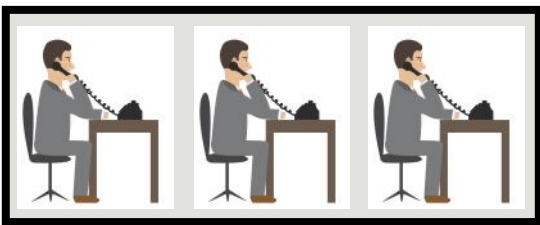
Christmas in July - Debbi Krukonis

Several months ago, a friend called asking me if I could use several hundred Christmas cards that her local thrift store was going to dump in the recycling. In May, a group from FSC gathered, decorating cards for “Christmas in July” delivery, including a handwritten note inside each card. Becky, Harolyn, Kim, Char and myself had fun being Christmas elves. Becky Murphy and Vinnie Peloso helped me drop off 497 cards to 5 assisted living facilities in Fortuna and Eureka. Hoping to have the next greeting card workshop in October or November for both Valentines and Winter Holidays. Check the bulletin boards in the future for a notice with more information. - Debbi

GRANT UPDATE MARSHA HAYS

After all these years, we are finally able to start spending our wonderful Grant money. Contrary to “rumors,” the money does NOT suddenly appear in the “Grant” Checking Account. There are a number of signatures and rules to follow; that is where we are at this time. We are working on solar, landscape, chairs, cabinets and security. Thanks for your patience but, for almost a million dollars... it was worth the wait!

The Game of Telephone by Mairead Dodd



Many of you may be familiar with the “Game of Telephone”. It begins with one person whispering a message into another’s ear. That information is then exchanged into another’s ear, who goes on to pass it on to yet another and so forth. Usually when it gets to the end, it has been completely altered from its original meaning and context.

When people come together regularly in a group setting, there can be situations where disinformation, misinformation and lack of information can create discord and misunderstandings between individuals. At FSC, we are a diverse group having variances with our spiritual beliefs, politics, how we see the world and how we go about doing things. Also, none of us can fully know what others might be going through outside of FSC’s doors. We need to take great care in how we approach and treat one another. Not every member is aware of the protocols, the roles and responsibilities of people at the Center, or perhaps changes that have been made from time to time to its operations. It may take patience, diplomacy and understanding when communicating with others.

FSC is a safe haven: a happy place for seniors in our community. It is no place for negativity or judgment. It is important we do not look at people through the perspective of others based on their experiences but allow ourselves to determine the character of that person. You may get along perfectly well and see someone quite differently, whom you had been told negative things about.

Let’s work together to rejoice in the offerings that Fortuna Senior Center provides; where respect, kindness and keeping things positive is the focus!

Please note: Occasionally there may be times when discord occurs between two people. The best thing to do first is to approach that person in private, and have a respectful conversation to try and work it out. If the conflict continues, the next step would be to write your concerns to the attention of the Board President so it may be discussed among the Board of Directors to help reach a resolution.



Stephen and Kathy Smart

OPEN MIC

Fourth Sunday of the Month:

SUNDAY - SEPTEMBER 28

SUNDAY - OCTOBER 26

2 - 4 P.M.



Christine Boddie, Lewis Boddie and Saul Steinberg



Dave Buescher

JUNE OPEN MIC

Alice Oliphant
(Photographer)



Deb Woods



Ken Rigby, Wanda Rigby and Lalia Blake



Nola Sharp



Yvonne Sutherland

FORTUNA SENIOR CENTER

SEPTEMBER/OCTOBER 2025

DAILY: Books and Puzzles Main Room Open: Mon.-Thurs. 9 am to 4 pm daily
Friday 9 am to 3:30 pm

MONDAYS

10:00 am - 11:30 am	Tai Chi (M-W) Fitness
11:30 am - 11:50 am	Drum Circle in Lounge
12:30 pm - 1:00 pm	Ukulele for Beginners (Preparation for Beginners) Classroom 2
1:00 pm - 2:00 pm	Beginning Ukulele in Classroom 2
1:15 pm - 3:00 pm	Games (All kinds-Your Choice) in Main Room
1:00 pm - 2:00 pm	Intermediate French in Classroom 4
2:00 pm - 3:00 pm	Book Club (1st Monday only) in Classroom 4
2:30 pm - 4:00 pm	Ukulele in Classroom 2
2:00 pm	Poker in Main Room

TUESDAYS

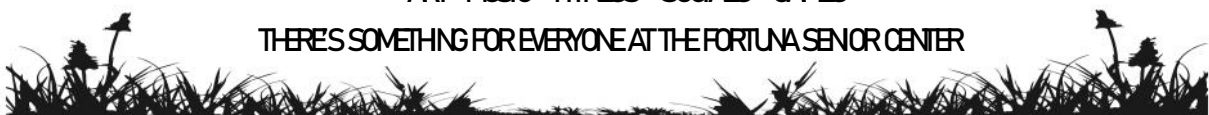
8:45 am - 9:45 am	Yoga on Video in Fitness Room
10:00 am - 11:00 am	Senior Tone Zone (Senior Aerobics) (T-TH) in Fitness Room
10:00 am - 12:00 pm	iPad Basics in Classroom 1 (Starting September 30th)
12:30 pm - 2:30 pm	Mah Jong in Classroom 2
1:00 pm - 3:00 pm	Stitchery in Classroom 1
1:00 pm	Pool Tournament (Signup is Necessary)
1:30 pm - 2:30 pm	Recorder Group in Classroom 4
2:00 pm - 3:00 pm	Seated Tai Chi in Fitness Room
2:00 pm - 3:00 pm	Guitar Practice in Small Lounge
3:15 pm - 4:15 pm	Country Line Dancing Class in Fitness Room

WEDNESDAYS

10:00 am - 11:30 am	Tai Chi (M-W) in Fitness Room
10:30 am - 12:00 pm	Deb's Rock Painting in Classroom 1
12:00 pm - 1:00 pm	Brown Bag Lunch (Bring your Lunch & Sing Along) in Main Room
1:00 pm - 3:00 pm	Art (Supplies provided or BYO) in Room 4

ART - MUSIC - FITNESS - SOCIALS - GAMES

THERE'S SOMETHING FOR EVERYONE AT THE FORTUNA SENIOR CENTER



THURSDAYS

8:45 am - 9:45 am	Yoga on Video in Fitness Room
9:00 am - 11:00 am	Cribbage in Main Room
10:00 am - 11:00 am	Senior Tone Zone (Senior Aerobics) (T-TH) in Fitness Room
10:00 am - 12:00 pm	iPad Basics in Classroom 1 (Starting September 30th)
11:15 am -12:00 pm	Seatersize (Chair Exercise) in Fitness
1:00 pm - 2:00 pm	Spanish 1 in Room 4
1:00 pm - 3:30 pm	Mah Jong in Classroom 2
1:00 pm - 2:30 pm	Open Lab Craft Individually in Classroom 1
1:00 pm - 3:30 pm	Pinochle in Main Room
2:00 pm - 4:00 pm	Bocce Ball at Rohner Park **. Beginners Welcome (Contact John Schmidt)

FRIDAYS

9:30 am	Bike Club (Call Jack Rogers 707-599-2944 or Susan Rogers 707-599-7976) for location.
9:00 am	Hiking Group (Call Lyn Crosthwait 707-725-7953)
9:00 am- 12:30 pm	Pinochle in Main Room (Learn to Play)
1:00 pm - 3:00 pm	Scrabble in Main Room
1:00 pm - 3:00 pm	Art Class with Louise in Room 4 (2nd Friday of month only)
7:00 pm - 9:30 pm	Camera Club in Art Room (Last Friday of the month only)
9:00 am - 1:00 pm	Mini-Trips (4th Friday of the Month)

SATURDAYS

11:00 am -12:00 pm	Potluck Social Hour (3rd Saturday Only in Feb/Apr/June/Aug/Oct/Dec)
12:00 pm - 2:00 pm	Potluck (3rd Saturday Only in Feb/Apr/June/Aug/Oct/Dec)
12:00 pm - 2:00 pm	Saturday Social Gatherings (Speakers, Activities, etc.) 3rd Saturday of the month in Jan/Mar/May/Sept/Nov (No July)

SUNDAYS

2 pm- TBD	BINGO (3rd Sunday Only)
2 pm- 4 pm	Open Mic* (4th Sunday Only)

***Seasonal/Special Schedule **Outdoor Activity**

Call if you have any questions: 707-726-9203



revised 4/2025

4th Annual Treasure Sale!!!!
Friday Sept. 26th and Saturday Sept. 27th
9 a.m. - 4 p.m.



This will be our fourth amazing Treasure Sale! In addition to being the most abundant fundraiser on the FCS calendar, this is also a great opportunity to "clean house" and donate well-loved items. Also, there are many ways you can volunteer including: picking up bulky (and other) items from people unable to drop off, unloading, sorting and then setting up the display tables, negotiating appropriate donations and collecting money at check out. Those of us who helped last year shared in great camaraderie and tons of fun - so we're really looking forward to this year's event. Watch for sign-up sheets on the bulletin board just inside the entrance. We hope you'll join us.

Clearing out the Garage?

We will be accepting donations at the Senior Center on Monday, September 22nd, and Tuesday, September 23rd, from 9 am to 3:30 pm and Wednesday, September 24th, from 11am to 7pm. We'll have plenty of volunteers to unload the heavy stuff from your vehicles. If these dates don't work for your schedule, please leave us a message at (707) 726-9203 and we MAY be able to work out a way to accept or pick up your donations. Please, NO electronics, broken items, books, Tupperware, mattresses or exercise equipment. We will accept gently used clothes.



Redwood Coast Village will be hosting a Meet n' Greet

Friday - September 19th
 3 - 5 p.m.
 3200 Newburg Road
 Fortuna

Please come and hear about our program and how it might fit in, as a Member & Volunteer! Bring an Eel River Friend! Light refreshments served. RSVP to:

rcv@humsenior.org or call:
 (707) 443-9747 ext. 1283

HALLOWEEN DANCE & SOCIAL

Friday - October 31 - 4 to 7 pm

FORTUNA SENIOR CENTER

Music, Dancing, Costumes and Fun! Finger Foods and Punch will be available. Feel free to bring an appetizer to share. There will be more information available as we approach the date of the event.

Edward Jones



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Margaret at BINGO Concession Stand

VOLUNTEER SPOTLIGHT MARGARET STOCKES

By Yolanda Bowdoin

Margaret was born in Chicago, IL and raised in Utah. Her father was a doctor and her mother, a nurse. Her mother was the bigger influence in her life. After retirement, she and her husband moved to Humboldt County to be closer to their daughter and grandchildren in 2012.

She discovered Fortuna Senior Center when Neena invited her to a social gathering where she found out about the Pinochle Group. She also enjoys the music and fellowship.

Margaret believes volunteering in the community is a way of giving back. She served on the FSC Board for three years, is currently a receptionist and oversees the Jewelry for sale in the FSC lobby. She has been a member of The Order of Eastern Star for 50+ years. In her free time, Margaret enjoys doing puzzles and playing pinochle.

Thank you Margaret for all you do at FSC!



Lee & Marsha calling the numbers.



SUNDAY
September 21

2 - 4 P.M.

SUNDAY
October 19

Doors Open
12:30 P.M.

BINGO is open to all over 18 years of age. Need not be a member to play. Cost is \$20 for set of 18 games. The Blackout Game has a guaranteed payout of at least \$175 every session. Snack Bar, too!



**SPONSORS
OF THE
NEWSLETTER**

You will notice we have some new sponsors of the newsletter in addition to our long time sponsorships. Let them know how much you appreciate their support! And thank you to Mona who went out into our Business District telling them about FSC & its importance to seniors and how their support is an investment that benefits the seniors in our community. THANK YOU to all!


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www.a1aa.org
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First Day of Fall!



September 22

Monthly Pinochle Tournament Winners

June : High Score

Women:

1st Place: Nancy Hodgson (411)

2nd Place: Anna Toste (357)

Men:

1st Place: Lee Tomasini (425)

2nd Place: Gary Trone (345)

July : Most Wins

Women:

1st Place: Mary Enos (5/0)

2nd Place: Byrdie Brownfield (4/1)

Men:

1st Place: Evey Colivas (4/1) (571)

2nd Place: Leon Comerer (4/1) (540)

Winners for August & September will be in the November/December Newsletter.



Potluck Crew and Friends

Photos from recent Potluck on 8-16-25.

Potlucks are a great opportunity to meet people from the center and enjoy good food and great fun!

Next Potluck is 10-18-25. See Page 10 for more info.



Janet and Chris

FORTUNA SENIOR CENTER

OCTOBER POTLUCK

Saturday - October 18

12- 2 p.m.

Doors Open at 11 a.m.

If your last name begins with:

A-J: Bring Entree

K-N: Salad or Vegetable

O-Z: Dessert

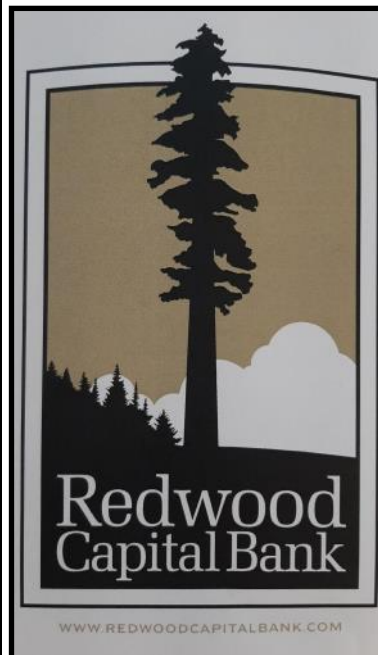
Make enough food to feed 8 people

COFFEE, TEA and PUNCH PROVIDED

Sign up available at front desk

October 1st or call (707) 726-9203

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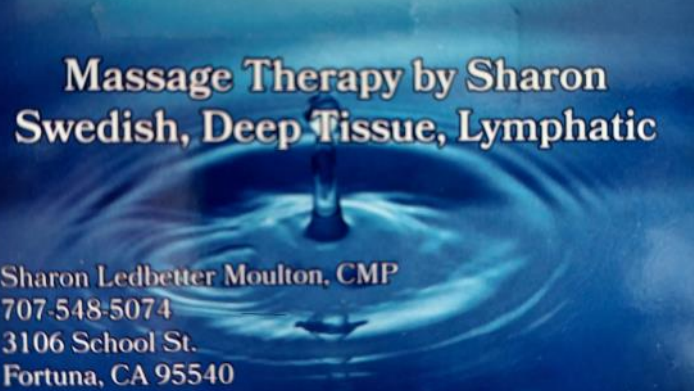
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